

**EFAS** EUROPEAN  
FOOT &  
ANKLE  
SOCIETY

**VIRTUAL CONGRESS**

**2020** 23-24  
OCTOBER



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## ***1<sup>st</sup> EFAS VIRTUAL CONGRESS – October 2020***

### ***FRIDAY 23<sup>rd</sup> October 2020***

**16:00 - 16:15**    **Opening Ceremony**  
Yves Tourné EFAS President  
Manuel Monteagudo Chair EFAS Scientific Committee

#### **STUDIO TV SET : 16:15 – 16:20**

#### **ROOM 1: 16.20 – 17.20 SYMPOSIUM: Foot and Ankle Around the Globe.**

##### **What's new in my practice?**

**Moderators: Marco Guelfi – Jean Luc Besse**

16:20 - 16:30    Cristian Ortiz – Chile  
16:30 - 16:40    Masato Takao – Japan  
16:40 - 16:50    Peter Lam – Australia  
16:50 – 17:00    José Sanhudo – Brazil  
**17:00 -17:20**    **Discussion**

#### **STUDIO TV SET : 17:20 – 17:25**

#### **ROOM 1: 17:25 – 18:55 EFAS Virtual General Assembly**

#### **STUDIO TV SET : 18:55 – 19:00**

## **19.00 – 20.15 VIRTUAL CLINIC FOR DELEGATE/SPEAKER CASES – How to learn from the good, the bad, and the ugly?**

### **ROOM 1: Forefoot**

**Moderators/Presenters: Elena Samaila – Jacques de Halleux**

Posttraumatic avascular necrosis of the second metatarsal head – Elena Samaila

Complication of a first metatarsophalangeal fusion – Elena Samaila

Hallux valgus recurrence – Jacques de Halleux

Latrogenic hallux varus – Jacques de Halleux

Case from delegates – All

### **ROOM 2: Midfoot**

**Moderators/Presenters: Fabian Krause – Angélique Witeveen**

Lisfranc injury – Fabian Krause

Traumatised os tibial externum – Fabian Krause

Why does my foot hurt? – Angélique Witeveen

Why did my reconstruction fail? – Angélique Witeveen

Case from delegates – All

### **ROOM 3: Neurological pes cavus**

**Moderators/Presenters: Dishan Singh – Marek Napiontek**

Failed correction after arthrodesis without tendon surgery – Dishan Singh

Inadequate correction by osteotomy alone – Dishan Singh

Joint preserving surgical treatment of cavo-varus deformity of the foot in 55 y-old female – Marek Napiontek

Raising the 1st metatarsal as a simple method of cavus foot treatment – Marek Napiontek

Case from delegates – All

### **ROOM 4: Flatfoot**

**Moderators/Presenters: Christina Stukenborg-Colsman – Christian Plaass**

Double/triple arthrodesis – Victor Valderrabano

Naviculocuneiform arthrodesis – Christina Stukeborg-Colsman

Additional TMT-I fusion – Christian Plaass

Revision medial column arthrodesis – Alexej Barg

Case from delegates – All

## **20:15 Programme Adjourn**

## **SATURDAY 24<sup>th</sup> October 2020**

**STUDIO TV SET: 08:00 – 08:05**

**08.05 – 09.05 INSTRUCTIONAL VIDEOS: Virtual Film Festival**

### **ROOM 1**

**Moderators: Joris Hermus – Nikolaos Gougoulias**

08:05 - 08:20 Tibialis posterior and peroneus longus to brevis transfer in cavovarus foot – Nikolaos Gougoulias

08:20 - 08:35 How to test and fixate chopart/lisfranc instability? – Joris Hermus

08:35 – 08:50 Limited open/MIS calcaneal fracture – Jesús Vilá

**08:50 - 09:05 Discussion**

### **ROOM 2**

**Moderators: Maneesh Bhatia – Thanos Badekas**

08:05 - 08:20 Arthroscopic ankle fusion – Maneesh Bhatia

08:20 - 08:35 Treating osteochondral lesions of the talus with a single incision technique – Thanos Badekas

08:35 – 08:50 Supramalleolar dome osteotomy – Roxa Ruiz

**08:50 - 09:05 Discussion**

### **ROOM 3**

**Moderators: Nuno Côte-Real – Alessio Bernasconi**

08:05 - 08:20 Arthroscopic repair of medial acute ankle instability– Nuno Côte-Real

08:20 - 08:35 Revision TTC fusion with fibular columns grafting– Alessio Bernasconi

08:35 – 08:50 An alternative to Bröstrom-Gould technique – Yves Tourné

**08:50 - 09:05 Discussion**

### **ROOM 4**

**Moderators: Geoffroy Vandeputte – François Lintz**

08:05 - 08:20 Retrocalcaneal bursitis MIS – Geoffroy Vandeputte

08:20 - 08:35 Tips and tricks in a post-traumatic AAFD case: why WBCT is now indispensable? – François Lintz

08:35 – 08:50 Arthroereisis in flatfoot deformity – Antonio Viladot

**08:50 - 09:05 Discussion**

**STUDIO TV SET: 09:05 – 09:10**

## **ROOM 1: 09.10 – 10.10 DISCUSSION FORUM: Plantar fasciopathy – what to do in 2020?**

**Moderators: Marino Delmi – Manuel Monteagudo**

- 09:10 - 09:25 Etiology and pathomechanics of plantar fasciopathy – Manuel Monteagudo  
09:25 - 09:40 Considerations on conservative treatment – Don McBride  
09:40 - 09:55 Failure of conservative treatment. What next? – Marino Delmi  
**09:55 - 10:10 Discussion**

**10:10 – 10:40 Virtual Coffee Break, Family, Toilet.**

## **STUDIO TV SET: 10:40 – 10:45**

## **ROOM 1: 10.45 – 11.45 SYMPOSIUM: Charcot / Diabetic Foot / Amputations**

**Moderators: Sabine Ochman – Giovanni Matricali**

- 10:45 -11:00 The role of the foot and ankle surgeon in diabetic foot care – Giovanni Matricali  
11:00-11:15 Transmetatarsal and below-the-knee amputation – Helka Koivu  
11:15 -11:30 Is there any place for other amputation levels? – Bernhard Devos Bevernage  
**11:30 -11:45 Discussion**

## **STUDIO TV SET: 11:45- 11:50**

## **ROOM 1: 11.50 – 12.50 DISCUSSION FORUM: Achilles Insertional Tendinopathy – surgical approaches**

**Moderators: Johnny Frøkjær –**

- 11:50 - 12:05 I do open surgery. How and why? – Yves Tourné  
12:05 – 12:20 I do MIS – Anthony Perera  
12:20 - 12:35 To detach or not to detach? To transfer or not to transfer? – Markus Knupp  
**12:35 - 12:50 Discussion**

## **STUDIO TV SET: 12:50 – 12:55**

**12.55 – 14.20 LUNCH TIME: Time to Meet the Industry and Workshops + Le Grand Place (industry exhibition)**

### **Room 1: 12.55 – 13:55 INDUSTRY WORKSHOPS – WRIGHT MEDICAL**

UK infinitytm study: early experience, complications & the road to digital planning using using prophecy™  
- Ian Sharpe & David N. Townshend

### **Room 2: 12.55 – 13:55 INDUSTRY WORKSHOPS – PARAGON28**

Concepts on Ankle Fusions / Ankle and Calcaneus fractures - John Kwon

### **Room 3: 12.55 – 13:55 INDUSTRY WORKSHOPS – INTEGRA**

Look back on 4 years of experience on ankle replacement with Cadence®  
Total Ankle replacement system - Bernhard Devos Bevernage

## **STUDIO TV SET: 14:20 - 14:25**

### **ROOM 1: 14.25 – 15.25 SYMPOSIUM: Foot and Ankle Around the Globe. What's new in my practice?**

**Moderators: Angélique Witeveen – Manfred Thomas**

- 14:25 - 14:35 Xiangyang Xu – China
- 14:35 - 14:45 Mark Glazebrook – Canada
- 14:45 – 14:55 Adriana Ávila – Mexico
- 14:55 - 15:05 Pieter D'Hooghe – Qatar
- 15:05 - 15:25 Discussion**

## **STUDIO TV SET : 15:25 – 15h30**

### **ROOM 1: 15.30 – 16.30 SYMPOSIUM: The young foot and ankle surgeon – EFAS Youth Committee**

**Moderators: Yves Tourné – Don McBride**

- 15:30 - 15:45 Fellowship in foot and ankle: what a precious opportunity! – Alessio Bernasconi
- 15:45 - 16:00 Starting out as a consultant foot and ankle surgeon... the first years – Matthew Welck
- 16:00 - 16:15 How to adapt new technologies and develop a solid patient database in your foot and ankle practice – François Lintz and Arne Bursdens
- 16:15 -16:30 Discussion**

## **STUDIO TV SET:16:30 – 16:35**

## **16.35– 17.50 VIRTUAL CLINIC FOR DELEGATE/SPEAKER CASES – How to learn from the good, the bad, and the ugly?**

### **ROOM 1: Foot and ankle trauma**

**Moderators/Presenters: Antonio Dalmau – Oliver Michelsson**

Major lower limb injury – Antonio Dalmau  
Severe forefoot trauma – Antonio Dalmau  
Unstable syndesmosis – Oliver Michelsson  
Lisfranc injury and weight-bearing-CT – Oliver Michelsson  
Case from delegates – All

### **ROOM 2: Ankle arthritis**

**Moderators/Presenters: Xavier Martin – Victor Valderrabano**

Endstage Ankle Osteoarthritis treated with Total Ankle Arthroplasty (case 1) – Victor Valderrabano  
Endstage Ankle Osteoarthritis treated with Total Ankle Arthroplasty (case 2) – Victor Valderrabano  
Young athlete with intraarticular fracture sequelae – Xavier Martin  
Sequelae of posttraumatic flatfoot and ankle arthritis – Xavier Martin  
Case from delegates – All

### **ROOM 3: Achilles**

**Moderators/Presenters: Kris Buedts – Martinus Richter**

Complex reconstruction Achilles tendon defect – Martinus Richter  
Operative treatment Achillodynia with Haglund deformity – Martinus Richter  
Percutaneous Achilles tendon suture under local anaesthesia, the best of both worlds? – Kris Buedts  
Mini-invasive reconstruction of a neglected Achilles tendon rupture by a short FHL transfer – Kris Buedts  
Case from delegates – All

### **ROOM 4: Infection**

**Moderators/Presenters: Norman Espinosa - Johnny Frøkjær**

Acute infection of the ankle after local intraarticular steroid injection – Norman Espinosa  
Infected total ankle replacement. How did I manage it? – Norman Espinosa  
Diabetic foot infection - Johnny Frøkjær  
Infected total ankle replacement. How did I manage it? - Johnny Frøkjær  
Case from delegates – All

## **CLOSING CEREMONY**

**Moderators: Yves Tourné, Donald McBride**

**17:50-18:05 Presidential Handover**

## **18:05 Programme Adjourn**

**VIDEO ON DEMAND, available during the Virtual Congress: (after watching those, you will be able to contact the faculty if you have questions)**

### **VOD: Talks on Demand: Pearls of updated info by experts!**

Update in forefoot surgery – Gaston Slullitel

Update in flexible flatfoot – Jan Louwerens

Update in rigid flatfoot – Ian Winson

Update in revision of double/triple fusion – Anish Kadakia

Update in ankle instability – Caio Nery

Update in total ankle replacement – Jean Luc Besse

Update in revision ankle replacement – Senthil Kumar

Update in preserving the ankle joint with arthritis – Beat Hintermann

Update in fusing the ankle – Sabine Ochman

Update in ankle replacement vs ankle fusion – Pascal Rippstein

Update in MIS foot and ankle surgery – David Redfern

Update in calcaneal fractures – Stefan Rammelt

Update in dealing with bone defects in foot and ankle – Pablo Wagner

Update in ankle arthroscopy in sport injuries – Manfred Thomas

Update in research in foot and ankle and clinical/surgical applications – Bruno Pereira

COVID-19 and foot and ankle surgery – Roland Russell

### **Chat with faculty on demand**

**VOD: New technologies/innovations in Foot and Ankle Surgery – present and future (after watching those, you will be able to contact the faculty if you have questions)**

Virtual reality in training – François Lintz

3D modelling in preoperative planning – Eric Toullec, Bruno Magnan, Stephan Wirth

New trends in rehabilitation following lateral ankle ligamentoplasty – Yves Tourné

Weight-bearing CT scan:

Indications and technical issues – Matthew Welck

WBCT in ankle trauma – Andrew Goldberg

How has it changed my practice? – Martinus Richter

### **Chat with faculty on demand**

