



EFAS

European Foot & Ankle Society

CONGRESS 2026



30 SEPTEMBER - AFTERNOON - EFAS PRE MEETING
01-02-03 OCTOBER - EFAS CONGRESS

AUGSBURG
GERMANY



GENERAL ORGANISATION: MCO Congrès
Registrations & sponsors: efasevents@mcongres.com

www.efas.net





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Thursday 1st October | Programme

08:00 - 08:30 REGISTRATION

08:30 - 08:40 OPENING CEREMONY

EFAS President
Chair EFAS Scientific Committee

PLENARY ROOM

08:40 - 10:00 PLENARY SESSION 1: MIS is a game changer in my practice

PLENARY ROOM

08:40 - 08:50 How I moved from open to MIS in forefoot surgeries

08:50 - 09:00 Cavovarus can be dealt with MIS

09:00 - 09:10 MIS solutions in adult pes planus

09:10 - 09:20 Technical tips and tricks MIS I learnt through the years

09:20 - 09:30 Complications and evidence: should I change to MIS?

09:30 - 10:00 Discussion

10:00 - 10:30 Coffee Break, Exhibition

10:30 - 11:30 SYMPOSIUM:

New procedures and technologies in foot and ankle surgery

PLENARY ROOM

10:30 - 10:42 Transverse tibial transport

10:42 - 10:54 3D printing and PSI

10:54 - 11:00 New fillers (nanocrystals, putties)

11:00 - 11:06 Virtual and mixed reality

11:06 - 11:12 Non-metal implants

11:12 - 11:30 Discussion

10:30 - 12:00 SYMPOSIUM: Allied Health Professionals

SECOND ROOM

10:35 - 10:45 Orthotics in foot and ankle surgery

10:45 - 10:55 Prosthesis for amputations

10:55 - 11:05 How can physiotherapy boost my results?

11:05 - 11:15 Therapeutic footwear in foot and ankle surgery

11:15 - 11:30 Discussion

10:30 - 12:00 SYMPOSIUM: Wound Healing Society

THIRD ROOM

10:35 - 10:45 Background and why here?

10:45 - 10:55 Infections and impaired wound healing

10:55 - 11:05 Diabetics

11:05 - 11:15 New therapies for foot and ankle wounds

11:15 - 11:30 Discussion

11:35 - 12:30 DISCUSSION FORUM:

PLENARY ROOM

Ankle arthritis: preserve/fuse/replace? Delphi session

11:35 - 11:45 35-year-old sedentary with severe arthritis

11:45 - 11:55 50-year-old with end-stage arthritis but stills what to play football

11:55 - 12:05 65-year-old fragile patient with posttraumatic arthritis

12:05 - 12:15 70-year-old but still active as a farmer

12:15 - 12:30 Any consensus? Why? Discussion



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Thursday 1st October | Programme

11:35 - 12:30 ASFFAF: Augsburg Short Film Foot and Ankle Festival

SECOND ROOM

11:35 - 11:43

11:43 - 11:51

11:51 - 11:59

11:59 - 12:07

12:07 - 12:30 Discussion

12:30 - 14:30 Lunch, Exhibition, Industry Workshops and Poster Walks

12:40 - 14:30 Poster Walks presentations (3 mins each + 1 question from evaluators) of best scored posters:

PWk 1 - 12.40-13.00:

PWk 2 - 13.10-13.30:

PWk 3 - 13.35-13.55:

PWk 4 - 14.00-14.20:

14:30 - 16:30 FREE PAPER SESSIONS 1, 2, and 3 (4 min presentation + 4 min discussion)

14:30 - 16:30 FREE PAPERS 1 (FP1): Forefoot

FIRST ROOM

14:30 - 14:40

14:40 - 14:50

14:50 - 15:00

15:00 - 15:10

15:10 - 15:20

15:20 - 15:30

15:30 - 15:40

15:40 - 15:50

15:50 - 16:00

16:00 - 16:10

16:10 - 16:20

16:20 - 16:30

14:30 - 16:30 FREE PAPERS 2 (FP2): Trauma

SECOND ROOM

14:30 - 14:40

14:40 - 14:50

14:50 - 15:00

15:00 - 15:10

15:10 - 15:20

15:20 - 15:30

15:30 - 15:40

15:40 - 15:50

15:50 - 16:00

16:00 - 16:10

16:10 - 16:20

16:20 - 16:30



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Thursday 1st October | Programme

14:30 - 16:30 FREE PAPERS 3 (FP3): Ankle

THIRD ROOM

14:30 -14:40
14:40 -14:50
14:50 -15:00
15:00 -15:10
15:10 -15:20
15:20 -15:30
15:30 -15:40
15:40 -15:50
15:50 -16:00
16:00 -16:10
16:10 -16:20
16:20 -16:30

16:30- 17:00 Coffee Break, Exhibition, and Poster Walks

17:00 - 18:15 CASE DISCUSSION FORUM - My worst case ever in ...

PLENARY ROOM

17:00 - 17:10 Hallux valgus
17:10 - 17:20 Hallux rigidus
17:20 - 17:30 Metatarsalgia/lesser rays
17:30 - 17:40 Lapidus
17:40 - 17:50 Midfoot arthrodesis
17:50 - 18:15 Discussion

17:00 - 18:15 CASE DISCUSSION FORUM - My worst case ever in ...

SECOND ROOM

17:00 - 17:10 Flatfoot
17:10 - 17:20 Cavovarus
17:20 - 17:30 Ankle replacement
17:30 - 17:40 Ankle arthrodesis
17:40 - 17:50 Ankle fracture
17:50 - 18:15 Discussion

18:20 ADJOURN AND WELCOME RECEPTION



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Friday 2nd October | Programme

08:00 - 08:30 **PRESIDENTIAL INVITED LECTURE** **PLENARY ROOM**

08:00 - 08:30 TBC

08:40 - 10:00 **PLENARY SESSION 2:** **PLENARY ROOM**

Controversies in Flexible Adult Flatfoot / Progressive Collapsing foot deformity in the young patient

08:40 - 08:50 How do I guide my decisions on type of surgical treatment through history and examination?

08:50 - 09:00 Why I believe WBCT is necessary for preop planning?

09:00 - 09:10 Isolated medial-sliding calcaneal osteotomy may be enough

09:10 - 09:20 When should we plan for a lateral column lengthening?

09:20 - 09:30 Why is Cotton-type osteotomy becoming more popular?

09:30 - 09:40 Should we always repair the medial soft tissues and if so, how?

09:40 - 10:00 Discussion

10:00 - 10:30 Coffee Break, Exhibition

Poster Walks presentations (3 mins each + 1 question from evaluators) of best scored posters:

PWk 5 - 10.05-10.25:

10:30 - 11:30 **FORUM:** **PLENARY ROOM**

How to deal with bone loss in revision surgery of the foot and ankle

10:30 - 10:40 Revision total ankle replacement after failed primary

10:40 - 10:50 Tibiotalocalcaneal arthrodesis after failed total ankle replacement

10:50 - 11:00 Medial column arthrodesis after neglected fracture

11:00 - 11:10 Recalcitrant MP1 nonunion with shortening

11:10 - 11:30 Discussion

10:30 - 12:00 **FORUM: EFAS Past Presidents - pearls of wisdom** **SECOND ROOM**

10:30 - 10:40

10:40 - 10:50

10:50 - 11:00

11:00 - 11:10

11:10 - 11:20

11:20 - 11:30 Discussion

11:30 - 13:00 **EFAS GENERAL ASSEMBLY** **PLENARY ROOM**

13:00 - 15:00 Lunch, Exhibition, Industry Workshops and Poster Walks

Poster Walks presentations (3 mins each + 1 question from evaluators) of best scored posters:

PWk 6 - 13.10-13.30:

PWk 7 - 13.35-13.55:

PWk 8 - 14.00-14.10:

PWk 9 - 14.20-14.40:



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Friday 2nd October | Programme

15:00 - 16:00 **FREE PAPERS 4 (FP4): Forefoot** **FIRST ROOM**

15:00 - 15:10
15:10 - 15:20
15:20 - 15:30
15:30 - 15:40
15:40 - 15:50
15:50 - 16:00

15:00 - 16:00 **FREE PAPERS 5 (FP5): Midfoot & Hindfoot** **SECOND ROOM**

15:00 - 15:10
15:10 - 15:20
15:20 - 15:30
15:30 - 15:40
15:40 - 15:50
15:50 - 16:00

15:00 - 16:00 **FREE PAPERS 6 (FP6): Miscellanea** **THIRD ROOM**

15:00 - 15:10
15:10 - 15:20
15:20 - 15:30
15:30 - 15:40
15:40 - 15:50
15:50 - 16:00

16:10 - 17:10 **DISCUSSION FORUM** **PLENARY ROOM**

New challenges in ankle fractures (run by the Youth Committee)
16:10 - 16:20 Primary intramedullary TTC in the elderly
16:20 - 16:30 Fibular nailing, when and how?
16:30 - 16:40 MIS and arthroscopy
16:40 - 16:50 Posterior distal tibia: posterolateral vs posteromedial approach
16:50 - 17:10 Discussion

10:30 - 12:00 **DISCUSSION FORUM** **SECOND ROOM**

What's New in Paediatric Orthopaedic Foot and Ankle?
16:10 - 16:20 Toe walking
16:20 - 16:30 Talar dome osteochondritis dissecans
16:30 - 16:40 Pes planovalgus
16:40 - 16:50 Clubfoot
16:50 - 17:10 Discussion

17:10 - 17:40 **Coffee Break, Exhibition, and Poster Walks**

**Poster Walks presentations (3 mins each + 1 question from evaluators)
of best scored posters:**

Pwk10 - 17.15-17.30



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17:40 - 18:40 PLENARY SESSION 3: AOFAS at EFAS

PLENARY ROOM

17:40 - 17:50

17:50 - 18:00

18:00 - 18:10

18:10 - 18:20

18:20 - 18:40 Discussion

18:40 ADJOURN AND CONGRESS DINNER
(with prizes for the best oral presentation and best poster).



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Saturday 3rd October | Programme

09:00 - 10:15 **PLENARY SESSION 4: Surgical treatment of Chronic Heel Pain** **PLENARY ROOM**

- 09:00 - 09:10 Tarsal tunnel syndrome
- 09:10 - 09:20 Insertional Achilles tendinopathy
- 09:20 - 09:30 Plantar fasciopathy
- 09:30 - 09:40 Baxter nerve – myth or foe?
- 09:40 - 09:50 Flexor hallucis longus
- 09:50 - 10:15 Discussion

10:12 - 10:45 Coffee Break, Exhibition

10:45 - 12:15 **GERMAN SOCIETIES FORUM:** **PLENARY ROOM**

DAF & GFFC: Soft tissue and cartilage injuries at the ankle and hindfoot

- 10:45 - 10:55 Severe ligamentous ankle injuries
- 10:55 - 11:05 Treatment of injuries to the tibial cartilage
- 11:05 - 11:15 Arthroscopic findings in acute malleolar fractures
- 11:15 - 11:25 Surgical strategies for the treatment of lateral OCLs associated with chronic lateral instability
- 11:25 - 11:35 Detection of acute and chronic syndesmotic injuries
- 11:35 - 11:45 How to treat medial ankle instability
- 11:45 - 11:55 Injuries of the peroneal tendons
- 11:55 - 12:05 Subtalar instability: Detection and treatment
- 12:05 - 12:15 Discussion

10:45 - 12:15 **EFAS Award/Fellowships presentations** **SECOND ROOM**

- 10:45 - 10:51 EFAS Research Grant for «Foot & Ankle Arthrosis»
- 10:51 - 10:57 EFAS Research Grant for «Foot & Ankle Disorders»
- 10:57 - 11:03 EFAS Best Paper Award
- 11:03 - 11:09 EFAS Best Poster Award
- 11:09 - 11:15 EFAS Best Oral Presentation
- 11:15 - 11:21 EFAS Travelling Fellowship Route1
- 11:21 - 11:28 EFAS Travelling Fellowship Route2
- 11:28 - 11:34 EFAS Research Fellowship
- 11:34 - 11:40 EFAS-AOFAS Travelling Fellowship
- 11:40 - 12:15 Q&A Discussion

12:05 - 13:25 **SYMPOSIUM: The hallux in 2026** **PLENARY ROOM**

- 12:05 - 12:15 Valgus, with no rotational concerns
- 12:15 - 12:25 Valgus, but I consider rotation matters
- 12:25 - 12:35 Varus, after failed valgus surgery
- 12:35 - 12:45 Limitus for joint preserving surgery
- 12:45 - 12:55 Rigidus for arthrodesis
- 12:55 - 13:25 Discussion



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Saturday 3rd October | Programme

12:05 - 13:25 **SYMPOSIUM: State-of-the-art of tibiototalcaneal arthrodesis** **SECOND ROOM**

12:05 - 12:15 Approach lateral vs others

12:15 - 12:25 Joint preparation: open/MIS/arthroscopic

12:25 - 12:35 Intramedullary nails are gold standard

12:35 - 12:45 I prefer plating

12:45 - 12:55 Complications and how to avoid

12:55 - 13:25 Discussion

13:30 - 13:45 **CLOSING CEREMONY**

PLENARY ROOM

EFAS President

EFAS President Elect

Chair Scientific Committee

13:45 Light Lunch and Adjourn