



EFAS

European Foot & Ankle Society

CONGRESS 2026



30 SEPTEMBER - AFTERNOON - EFAS PRE MEETING
01-02-03 OCTOBER - EFAS CONGRESS

AUGSBURG
GERMANY

Kongress am Park



EFAS PRE-CONGRESS MEETING 2026

Hot Topics in Sports-Related Foot and Ankle Pathology

Wednesday, 30 September 2026 – 13:00 > 18:00 – Augsburg

Key Topics: Acute ankle sprains, osteochondral lesions of the talus (OLT), Achilles tendon ruptures, syndesmotic injuries, midfoot injuries, return to sport.

Registration: efascongress.org/register



GENERAL ORGANISATION: MCO Congrès

Registrations & sponsors: efasevents@mconcongres.com

www.efas.net





EFAS
European Foot & Ankle Society

CONGRESS 2026

30 SEPTEMBER - AFTERNOON - EFAS PRE MEETING
01-02-03 OCTOBER - EFAS CONGRESS

**AUGSBURG
GERMANY**
Kongress am Park

**EFAS
PRE-CONGRESS
MEETING 2026**

Hot Topics in Sports-Related Foot and Ankle Pathology by EFAS Sport Foot and Ankle Forum

Wednesday 30th September 2026

13:00-14:00 Registration

14:00-14:05 Opening remarks
Manfred Thomas (President EFAS), Bruno Pereira (Sport Foot and Ankle Forum Coordinator), Manuel Monteagudo (Chair Scientific Committee EFAS)

SESSION 1

Moderators: Pieter D'Hooge - Nasef Mohamed

14:05-14:15 Introduction and overview of the epidemiology and impact of sports-related foot and ankle injuries. **Nasef Mohamed**

14:15-14:50 **Ankle Sprain in athletes**

14:15-14:25 Acute ankle Sprain - When Do surgery? **Bruno Pereira**

14:25-14:35 Direct repair? - What's the best Patient? **Guillaume Cordier**

14:35-14:45 Ligamentoplasty - When? **Ronny Lopez**

14:55-15:30 **Osteochondral lesions of the talus**

14:55-15:05 Staging and arthroscopic role. **Paolo Ceccarini**

15:05-15:20 Biological treatment options. **Martinus Richter**

15:30-16:00 **Achilles tendon ruptures in sports**

15:30-15:40 Surgery. **Mike Carmont**

15:40-15:50 Conservative. **Helka Koivu**

16:00-16:30 **BREAK**

SESSION 2

Moderators: Bruno Pereira, Ronny Lopez

16:30-17:00 **Sindesmotric injuries in athletes**

16:30-16:40 Classification and diagnosis. **Sebastian Baumbach**

16:40-16:50 Surgery options. **Pieter D'Hooge**

17:00-17:30 **Midfoot and sagittal plane injuries in sport**

17:00-17:10 Lisfranc injuries. **Rodrigo Díaz Fernández**

17:10-17:20 Sagittal plane injuries. **Panos Symeonidis**

17:30-18:00 **Return To sport after surgery**

17:30-17:40 Factors influencing return to sport from surgery. **Niko Mihic**

17:40-17:50 Chronic ankle instability. **Lieven Maesschalck**

17:50-18:00 **Adjourn**

Registration: efascongress.org/register